## Sakinaw Lake Water Ski Camp Information - July 21-23 Organized by Waterski Wake-Sports BC and Sakinaw Lake Waterski Register : jed@wswbc.org or call Crystal 250-462-1428 Cost \$100/day Ages: 19 and Under

Location:

- Sakinaw Lake Water Ski dock
- Local contact number 604-710-6089 (Niki), 778-875-1399 (Bev)

Coach:

- Chris Horwood Canadian National Waterski Team and Skies for Florida Southern Mocs
  Varsity Team
- Chris has competed at Worlds and is a highly enthusiastic coach

Time:

- Morning or Afternoon: EITHER 8 am 11 am OR 11:00 am-2 pm times are approximate and will depend upon skiers completing their sets
- Each skier will get three sets a day a set is 6 passes of the slalom course or about 15 mins trick
- Time between sets is spent swimming and playing with other kids at the camp we encourage games and activities and discourage the use of phones during camp

What to Bring:

- Bathing suits, towel, wetsuit(if you have one)
- Warm clothing and/or rain gear
- Sunscreen, hat, sunglasses
- Water Bottle, snacks and lunch
- Waterski, handle, lifejackets if you don't have gear please let Crystal know at jed@wswbc.org and we will arrange to have gear for you
- Games you might want to play with other skiers
- Lots of energy, enthusiasm and encouragement for yourself and others.

Being a member of WSWBC allows you:

- Access to Camps across the provinces that are subsidized by WSWBC. On average WSWBC subsidized each athlete \$50/day while they attend a camp. This provincial funding comes from Via Sport and Gaming grants
- Opportunity to attend BC Summer Games 2024 in Maple Ridge, 2023 BC Provincials at Shumway Lake, Kamloops BC and any other tournaments around the province that you may be interested in. Provincials have no qualifications and are a very social event.
- Train with a energetic dedicated group of athletes BC has a strong team with many athletes on the National team, competing at different international events
- WSWBC swag